



ALBERTA COLLEGE *of*  
FAMILY PHYSICIANS

**2016**  
At a Glance

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## President's Message

**Well, we did it again! Another year of progress and forging new frontiers. We tried some new things and succeeded. We also had some challenging times. Overall, it was a year of learning and improving. We have a new strategic plan formalized and a position statement to go with it.**

So what was new for ACFP in 2016? We now have a successful Leadership Development Program for family physicians up and running that is expected to grow and gain momentum, we delivered the Practical Evidence for Informed Practice Conference via webcast to 96 people across Canada, we built new programs with partners and we started the year off with a brand new governance model and board of directors. We struck a couple of new task forces, one for members transitioning out of practice and the other to respond to the opioid crisis in Alberta.

Our challenges are few but notable. Some pretty incredible and highly effective Board members left ACFP to



go pursue other very important work in health care in Alberta. We dissolved a couple historically significant committees, Alberta Family Practice Research Network Advisory Committee and the Advisory Committee on Seniors Care, to support Research and the Care of the Elderly in different ways. With the establishment of the Seniors Care Coalition and our Research Showcase and partnerships, we will continue to impact and influence these provincial portfolios.

The Primary Care Alliance has become a hub and value connection for ACFP to work collaboratively with the other primary care physician organizations including Alberta Medical Association, Section of General Practice and Section of Rural Medicine, Departments of Family Medicine, Primary Care Network Leads, and ourselves. We have outstanding working relationships with all of the organizations represented here and it is largely due to the common vision for excellence in primary care.

Much has changed, and change continues in the air. We will continue to work hard and listen to our members. On a personal note, I have truly enjoyed the honour of serving as President over the last two years. It has been both challenging and rewarding, and I feel I have gained much personal insight about our province, our members, and the public we serve. I look forward to seeing some of you at future ACFP CPD events, and continue to look forward to the ongoing feedback. Even though bittersweet, I feel very certain that the ACFP is in the capable hands of Dr. Fred Janke as he assumes the leadership role of our organization. He will be very aptly assisted by our new Board, as well as the strong support staff.

Thank you for your support and faith in my leadership over the last couple of years. It has been very rewarding, and an honour to serve.

John Chmelicek  
President  
Alberta College of Family Physicians

Engaging and Empowering ACFP Members



# GOVERNANCE RENEWAL

## Board of Directors

The Alberta College of Family Physicians' (ACFP's) Governance Advisory Committee (GAC) was asked to examine the effectiveness of the organization's current governance structure and to propose potential changes to enhance the effectiveness of the Board, the engagement of stakeholders, the role of committees, and of the Executive Director.



*Clockwise: Dr. John Chmelicek, Dr. Clark Svrcek, Dr. Charles Leduc, Dr. Fred Janke, Dr. Sudha Koppula, Dr. Anthony Train, Dr. Sonya Lee.*

### Ten Recommendations were implemented in 2016:

1. The ACFP Board of Directors is now comprised of nine (9) Directors. They are:
  - Dr. John Chmelicek, Edmonton – President
  - Dr. Fred Janke, Sylvan Lake – President-Elect and Interim Treasurer
  - Dr. Sudha Koppula, Edmonton – Secretary
  - Dr. Vishal Sing Bhella, Calgary
  - Dr. Charles Leduc, Calgary
  - Dr. Sonya Lee, Calgary
  - Dr. Cathy Scrimshaw, Pincher Creek
  - Dr. Clark Svrcek, Calgary
  - Dr. Anthony Train, Calgary
2. The Board Directors is comprised of members at large, eliminating constituency representation.
3. A skills/competency matrix inventory is being used by the Governance Advisory Committee to recruit Board Director Nominees.
4. The President's term is officially two years. Once elected by the Board from its membership, the incumbent serves one year as President-Elect, two years as President, and then one year as Past-President.
5. Board Directors' terms are three years in length, renewable once. The exception is when the new Board is initially constituted in order to ensure continuity and stagger retirements.
6. The Board of Directors meets 6-10 times per year (increased from twice per year).
7. There should be a clear differentiation of strategic governance responsibility to the Board and operations to the Executive Director.
8. The ACFP Executive Committee no longer exists and decisions are made by the whole Board.
9. In order to ensure the ACFP Board has the competencies, connection to members, and information needed to govern, several Board education initiatives have been introduced with an emphasis that the ACFP Board act as representatives of the ACFP membership.
10. The ACFP President or Alternate sits as an active, voting member of the Alberta Primary Care Alliance (PCA) that meets 10-12 times per year to confer and collaborate regarding provincial primary care delivery decisions and directions.



## Board Governance Committees

### Governance Advisory Committee (GAC)

The ACFP Governance Advisory Committee ensures that the Board fulfills its legal, ethical, and functional responsibilities through the management of the ACFP bylaws; management of governance policies; oversight of the succession of the Board of Directors and Committees of the Board; and education and evaluation of the Board and its members. GAC must have at least two Board of Directors, where the Chair must be a past President or Past Board member or a designate from the Board.

The GAC ensures that the Board of Directors is able to govern itself and the organization effectively through:

1. Creation and review of governing documents including ACFP Bylaws and subsequent policies including Strategic Direction, Delegation of Authority, Risk Limits, and Governance Policies,
2. Implementation of fair and transparent succession and recruitment processes for Board and Committees of the ACFP, and
3. Education and evaluation of the effectiveness of the Board as a whole and its members.

GAC Members include Dr. Cathy Scrimshaw as Chair, Dr. Fred Janke, Dr. Sudha Koppula. There are three (3) vacant Member-at-Large positions to be recruited in March 2017.

### Finance and Audit Committee (FAC)

The Finance and Audit Committee is tasked with providing oversight of the financial activities of the ACFP. The F&A committee is delegated this responsibility by the ACFP Board and advises the Board on operating and special reserves, investments, annual audit, annual budget planning, and quarterly review of financial reports.

The Treasurer acts as Chair, and the committee will be composed of the Treasurer, President, President-Elect or Past-President, and at least one Member-at-Large.



## OPERATIONAL COMMITTEES

Last April, the Board took a thorough look at the ACFP's committees and discovered there were some redundancies and that some committees needed to take a larger role in the ACFP's strategic function. In order to maintain the integrity of the ACFP's governance work and changes over the past few years, the Board has decided to reorganize its committees and governance structure.

Our operational committees help the staff achieve objectives from a practical level by drawing upon the ACFP's membership. There are two core operational committees—CPD and Membership Advisory.

### CPD Advisory Committee

The ACFP CPD Advisory Committee provides support to the College's CPD initiatives that promote the role family physicians play in delivering the highest quality care to patients and their communities across Alberta—they will be engaged and responsive to emerging trends in the development and delivery of CPD. The committee operates in an advisory capacity by providing recommendations to the Executive Director and ACFP Board. Other responsibilities of the committee are:

1. To review regular updates on the CFPC's Mainpro+ certification and credit reporting platforms, and to provide advice for the advancement of adherence to CFPC certification requirements to ensure family physicians, and educational programming developed for family physicians, meet the CFPC's high standards for medical education and training.
2. To advocate and encourage research that will inform the discipline of family medicine, and strengthen family medicine education.

Currently there are two sub committees of the CPD Advisory committee.

**Annual Scientific Assembly Planning Committee:** The ACFP Annual Scientific Assembly (ASA) Planning Committee is responsible for the development and delivery of the ACFP's Annual Scientific Assembly.



**Practical Evidence for Informed Practice Committee (PEIP):** The PEIP Conference Planning Committee is a standing committee which plays an integral role in the creation and delivery of an evidence-based, clinically relevant, and thought-provoking CPD event on an annual basis.



## Membership Advisory Committee

The new Membership Advisory Committee (MAC) serves to ensure the ACFP is meeting the needs of its diverse membership. The committee's role includes on being responsive to emergent member needs, and will, where necessary, create sub-committees or task forces to identify and meet these needs. This committee reports to the Executive Director with strategies and recommendations, and works with the ACFP staff to implement these through operational means.

Currently there are two sub-committees of the MAC.

**First Five Years in Family Practice Committee (FFYFP):** The FFYFP Committee supports family physicians in their first five years of practice and family medicine residents' transition into practice. The Committee acts as a resource to the ACFP for those in the early stages of their career.

### Awards and Recognition Committee

The ACFP Awards and Recognition Committee is an operational committee which plays an important role in building awareness for the ACFP, its members, and the significant role the ACFP plays in the advancing family practice in Alberta. The ACFP Awards and Recognition Committee recognizes, celebrates, and supports family physicians, family medicine residents, and medical students in excellence in leadership, education, advocacy, and research. The Committee helps promote the ACFP Awards Program and plays a strong role in scanning viable candidates for national recognition through the College of Family Physicians' Honours and Awards program.

## FFYFP Committee Work

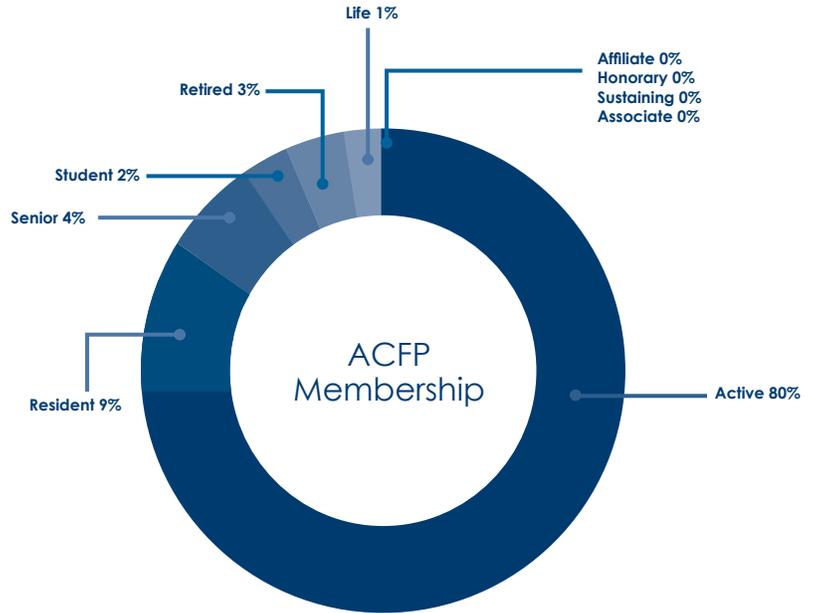
The ACFP's FFYFP Committee completed its second successful year. The committee continues to be very active and achieves all the objectives they set out to accomplish. The committee's achievements include: the FFYFP webpage, a Transition to Practice Toolkit, quarterly blog written by the committee members, developed and presented sessions and networking events for FFYFP members, and spoke to medical students and residents about the committee initiatives.



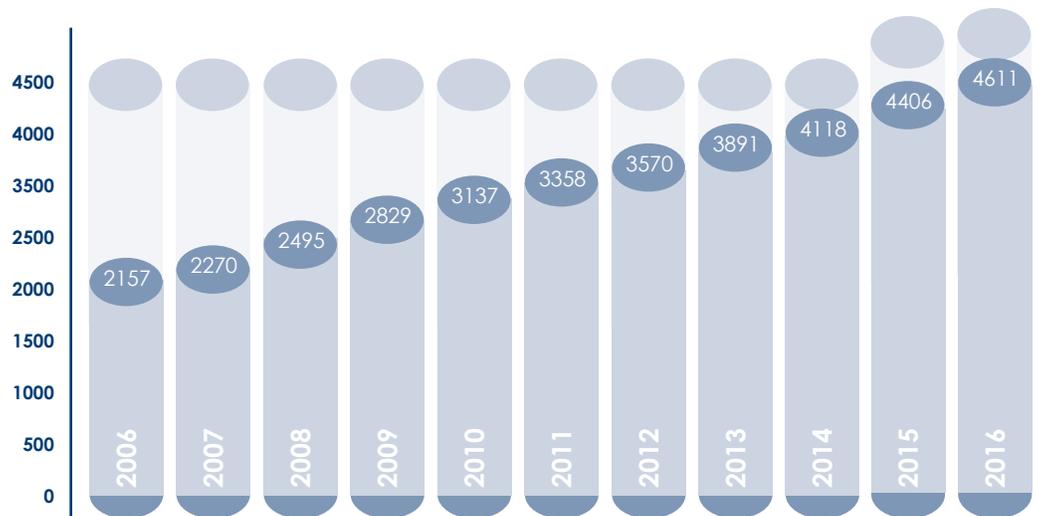
*Clockwise from back row: Dr. Dinesh Witharana, Dr. Carolyn Nowry, Dr. Vishal Singh Bhella, Dr. Diana Hong, Dr. Evelyn Ma, Dr. Rabiya Jalil, and Dr. Kaili Hoffart.*

# MEMBERSHIP GROWTH

- The ACFP is a provincial, professional voluntary organization, representing over 4611 family physicians, family medicine residents, and medical students in Alberta.
- Membership in the ACFP has increased steadily and significantly over the last few years:
  - Membership rose by 6% As of December 2016, ACFP's membership has grown to 4611 family physicians, family medicine residents, and medical students.



## Annual Member Statistics



# MEMBER ENGAGEMENT

## Medical Students and Residents

### Family Practice Career Awareness

The ACFP collaborates and supports medical students in Alberta through various learning opportunities and encourages family medicine as a career. The ACFP funds various student-related activities, offers student scholarships and awards, funds graduation and provides resources to family medicine interest groups to encourage student participation at family medicine conferences (ASA, PEIP, and CFPC's FMF).

### University of Alberta

The ACFP hosted an Information Session for first and second year medical students at the University of Alberta on November 15, 2016. Family physicians and family medicine residents were able to share their passion for family medicine with the medical students by answering questions about their personal experiences and perspectives as family physicians or residents. Approximately 70 students attended and student feedback included "awesome information."

### University of Alberta and University of Calgary Student Orientations

The ACFP provides sponsorship and attends the medical student orientations at both the University of Alberta and University of Calgary.

### Supporting our Future Leaders

The ACFP provided funding for medical students and family medicine residents to attend FMF, 61st ASA, and PEIP. Awards and scholarships were awarded to University of Alberta and University of Calgary medical students.

### Alberta Medical Students Conference and Retreat (AMSCAR)

The ACFP is committed to continuing to provide Platinum Sponsorship for this event. The ACFP (in partnership with the University of Calgary, Department of Family Medicine and University of Alberta, Department of Family Medicine, and College of Family Physicians of Canada) was a major sponsor of the joint University of Alberta and University of Calgary Medical Student Conference in Banff on January 29–31, 2016. ACFP had an exhibit booth which allowed for interaction with the students to promote family medicine and create awareness of the many supports and initiatives offered by the ACFP

### University of Alberta Clinical Skills Sessions – 1st and 2nd Year Medical Students

The ACFP hosted its first clinical skills session at the University of Alberta this year. Ten family physicians volunteered and facilitated skills sessions for diabetes clinical exams and diabetes random glucose testing, prescription writing glucose testing, Rx writing and hospital order writing, Suturing skills, and wound care. The sessions were very well received by the students and physicians. The following comment summed up the event well: "Overall I thought the session was very well done, all the physicians were dedicated and happy to teach which was great and made for really strong sessions"

### **University of Alberta Resident FMRA (Family Medicine Resident Association) Career Fair**

The ACFP had an exhibit booth at the career fair. This was an opportunity to meet with residents and to create an awareness of the ACFP.

### **Shadowing Program for Incoming Medical Students**

The shadowing program for incoming medical students was successful in pairing 68% of first year medical students with family physicians for a shadowing experience prior to the start of school. The program provides the students with a positive and genuine understanding of the scope of family medicine before starting their formal medical education and exposure to other medical specialties.

Students highly recommend the program as it provides them with invaluable exposure to the scope, opportunities, and variation in family practice, and 93% of the students who participated indicated they will now consider family medicine as their long term career goal. Physicians continue to enjoy the program and one physician summed it up well "Wonderful to meet fresh enthusiastic young people. Great to be inspired again about choosing medicine and especially family medicine as a career!"

### **The University of Calgary Annual Family Medicine Showcase**

ACFP staff attended and networked with approximately 150 attendees, including medical students, family medicine residents, and practicing family physicians.



## AWARDS AND RECOGNITION

The ACFP recognizes the achievements and professional commitment of its members and is committed to acknowledging members providing quality patient care through education, research and promotion of best practices.

### Alberta Family Physician of the Year 2016

Congratulations to Family Physician of the Year, Dr. Paul Humphries. Recipients of this prestigious award are chosen by their peers for making significant contributions to the health and well-being of their communities, dedicating themselves to the education of future generations of family doctors, and most importantly, for providing exceptional care to their patients.

Dr. Paul Humphries practises in Edmonton and is a Professor at the University of Alberta. He has practised full-service family medicine with GP anesthesia, palliative care, obstetrics, and medical teaching. He was the founding director of Northwestern Ontario Family Medicine Residency. Dr. Humphries has been the President of the Alberta College of Family Physicians, Director of Family Medicine Residency programs, Vice Chair of CaRMS, and a member of the CFPC Board and Committee on Accreditation. He often participates in accreditation teams across Canada.

Dr. Humphries represents Alberta as one of ten national recipients of the CFPC's Reg L. Perkin Award. This year, Dr. Humphries has also been honoured with the CFPC's Ian McWhinney Family Medicine Education Award. This award honours excellence in family medicine education and is presented to a teacher of family medicine deemed by his/her peers to have made a unique and innovative contribution which has had a significant national impact on the development of family medicine education in Canada. He and his wife, Sybil, grew up in farming families and now raise horses (and grandchildren) in Alberta.

Dr. Humphries represented Alberta as one of ten national recipients of the CFPC's Reg L. Perkin Award.

Along with Alberta's Family Physician of the Year, the ACFP is pleased to honour the following recipients for this year's Awards programs:

#### **ACFP Student Leadership – Rising Star Award**

University of Alberta – Riley Davidson  
University of Calgary – Carli Clemis

#### **Family Medicine Resident Leadership Award**

University of Alberta – Dr. Alexei Khair  
University of Calgary – Dr. Braden Teitge

#### **ACFP New Professional Award**

Dr. Rabiya Jalil, Calgary

#### **Recognition of Excellence**

Dr. Hendrik van der Watt, Bonnyville



## Family Docs Rock Campaign

# FAMILY DOCS ROCK

As in past years, the ACFP was pleased to launch its Family Doctor Week (November 7–12) promotions tying in its Family Docs Rock campaign and the announcement of its awards recipients. The ACFP used a Facebook advertising campaign targeting a highly active cohort of women ages 25–54 with interests in business and industry, food and drink, hobbies and activities, fitness and wellness, or family and relationships.

This tactic quickly saw much more activity on the ACFP Facebook Page and garnered 16 stories submitted to [myfamilydocsrock@acfp.ca](mailto:myfamilydocsrock@acfp.ca) or through the Facebook page. Likes nearly doubled since the two ads.



## He Saved My Life

My family doctor rocks because he saved my life. Not in the conventional way medicine would, by performing a lifesaving operation or CPR, but rather by doing nothing. He sat with me, listened to me every week until I stopped wanting to kill myself. He provided me a space to go to when I felt like jumping off a bridge. He had given special instructions to his staff to allow me to talk, although I did not have an appointment, if I was overwhelmed or had a panic-attack. He could have filled me with drugs but instead he showed me doctors cared, that medicine was still about the human spirit and that a broken spirit, with the listening ear of a doctor who had empathy, led to health. This old-fashioned skill is lifesaving. I will be forever grateful to him. - **Anonymous**, Edmonton

## A Family Affair – From three months to 93 years of age

My family doc rocks because he is the doctor for everyone in my family, from my 93 year old grandmother to my three month old and everyone in between. Dr. Odufuwa visits my grandmother in her care centre and asks about her when we are in the office. He genuinely cares about us as individuals and as a family. Even if it is months between our appointments he always remembers little details about our lives and asks about them. He never rushes anyone and he is an excellent listener. He is a very knowledgeable and competent doctor, but what we love most about him is his genuine friendliness and caring compassion towards us as patients. I am proud to tell everyone “my family doctor rocks”!

Amanda Unsworth, Grande Prairie



# Highlights in Continuing Professional Development



## 61st Annual Scientific Assembly

The Alberta College of Family Physicians' 61st Annual Scientific Assembly was a sell-out, attracting 383 family physicians, family medicine residents, and medical students.

**383**  
ATTENDEES



The sell-out is being attributed to the re-focus of program content offered at the conference. As well, the Committee instituted the following:

- Moving the conference to a Friday/Saturday/Sunday format
- Offering content clearly focused on clinical education in response to the identified needs of family physicians and information that is practicable at the point of applicable care
- Identifying all ASA topics and respective speakers to deliver sessions that provide take-away pearls that can be immediately implemented into practice.

The What's Up Doc? Oral Presentations and the Research Poster Presentations and ASA Welcome Reception were resounding successes, and recognized the top achievements in family medicine and primary care research.

More than 90 submissions were submitted to the ACFP's Call for Research.

More than  
**90**  
submissions

The ACFP First Five Years in Family Practice (FFYFP) Committee presented their workshop, *Things I Wish I Had Known* to share valuable information and resources with those in the early stages of their career. The Committee also hosted a FFYFP Mixer

in the Doctor's Lounge as a social and networking event where attendees could participate in games and meet colleagues from across the province.

ASA Sponsorship opportunities sold out, and additional ad hoc packages were negotiated. The ASA is maintaining its popularity with a broad range of non-profit and industry organizations related to primary care.

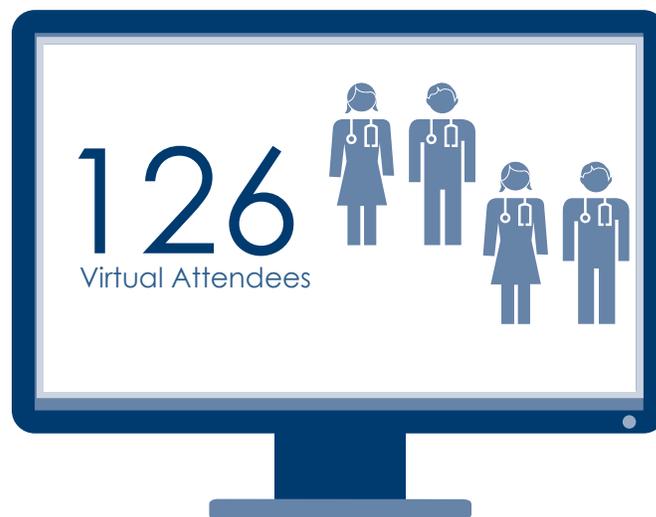
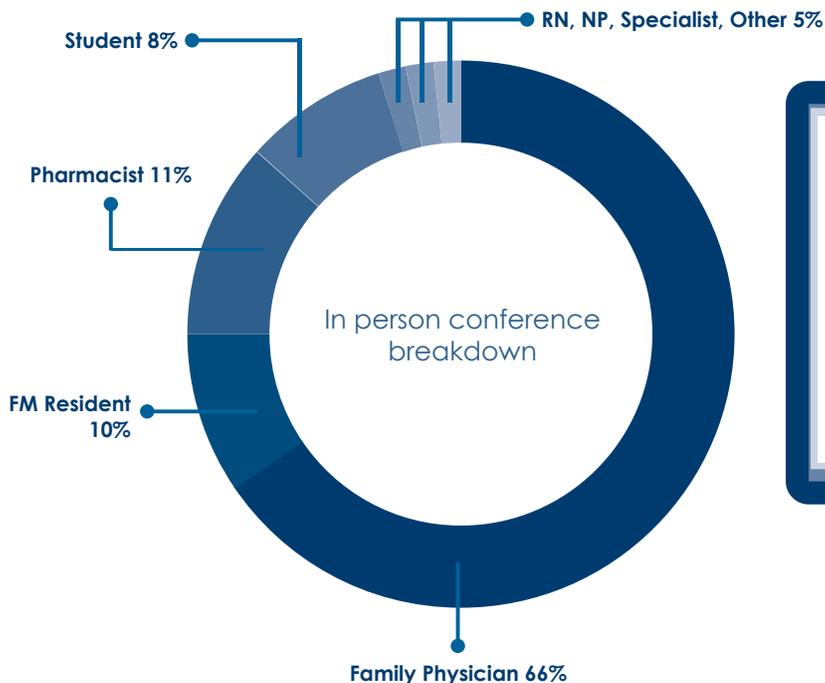
## Practical Evidence for Informed Practice (PEIP) Conference

The ACFP's 5th annual multidisciplinary conference at the DoubleTree by Hilton West Edmonton sold out again in 2016.

The popularity of the PEIP conference continues to increase and presents unique challenges for organizers. The conference has reached its capacity for the current venue at 455 in-person attendees with a 94% return rating, 4.9/5.0 relevancy to primary



care, and a 4.8/5.0 experience rating. In response to increased demand, Live Webcast component was added in 2016 and saw 126 virtual attendees (90 individuals, 5 clinics) with a 100% return rating of the Webcast option and 4.5/5.0 experience rating.



## Positive feedback from attendees:



“

I love being able to take specific points back to my practice.

”

“

Having someone weed through the evidence and then present it in a way that is understandable and relevant to practice is very helpful.

”

“

### Webcast

I think this is an invaluable method of delivering information. Had it not been for the webcast, I would not have attended due to travel time/cost.

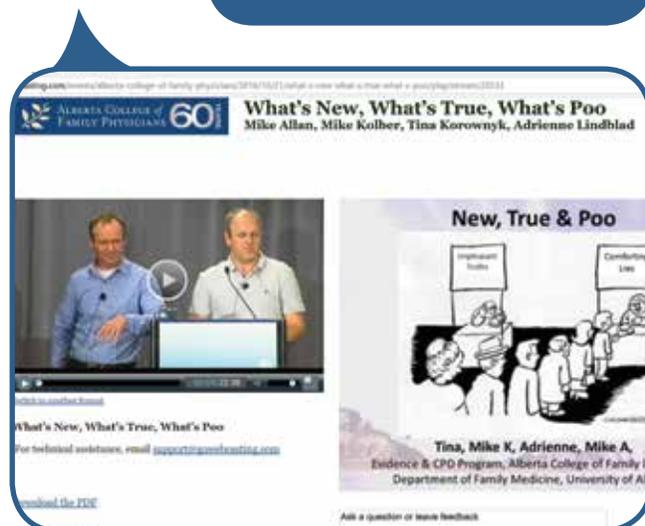
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“

### Webcast

We watched in our jammies eating chocolate with a newborn. We wouldn't have had the chance to go otherwise. What a way to learn. We are doing this every year!

”



12 new family physician faculty members

## CPD OUTREACH PROGRAMS

### Evidence Based Medicine (EBM) Roadshows

The EBM Roadshow is an initiative offered by the Evidence & CPD Program sponsored by the ACFP. The initiative provides mini-conferences brought to local communities or PCN on a number of relevant clinical areas for family physicians to choose from. The topic "Top 10 Studies of the Year" continues to be a favourite presentation around the province.

Two events were held in 2016:

1. Bonnyville - January 16. Thirty registrants rated this event 4.9/5.0 in relevancy to primary care.
2. Okotoks - May 27. Sixty registrants rated this event 5.0/5.0 in relevancy to primary care.

### EBM Academic Detailing (Best Practice Support Visits)

Teaching sessions are developed by the EBM team and delivered to pharmacists

from PCNs across the province; pharmacists then hold sessions in their local PCNs to disseminate the content and teachings to local physicians. Sessions are similar to Family Medicine Rounds and offered in 30 minute blocks and are both didactic and small group interactive sessions.

Five PCNs with approximately 700 physicians province-wide were involved in the 2015-16 season.

### Choosing Wisely and Practising Wisely

ACFP has partnered with Choosing Wisely Alberta and Ontario College of Family Physicians (OCFP) to introduce new CPD

opportunities focused on reducing unnecessary testing and treatment. There are 12 new family physician faculty members that will be delivering programs throughout Alberta through PCNs and clinics in 2017.

### Excellent or Excrement: Beginner's Guide to Sorting Out Research Claims

The Two Credits per Hour Group Learning program developed and delivered by the EBM team. This session arms family physicians (and allied care providers) with a solid foundation and knowledge base in order to better access and use evidence-based resources to care for their patients. The program was delivered twice in 2016: Vancouver and Edmonton.

### Healthy Child Development: Infant and Toddler Nutrition

The ACFP delivered training on maternal nutrition and dietary intake in the prenatal period and its impact on child health outcomes through the Healthy Child Development: Infant and Toddler Nutrition program. Approximately 40 family physicians attended these certified Two Credits per Hour Group Learning opportunities which were held throughout Alberta in 2016.



700 Physicians



31 family physicians attended

### ECG: The Basics and ECG: Advanced

The ACFP offered ECG: THE BASICS and ECG: ADVANCED in Edmonton in September, 2016. These Two Credit per Hour Group Learning programs were very successful and sold out with 31 physicians attending.

### Family Physician Leadership Networking Events

This year, we kicked off a broad family physician leadership program to increase leadership capacity in the province's family doctors. At the Improving Primary Care Symposium in May, family physician leaders and system administrators got together to discuss how the Integrated Care Partnerships model could be used to support integration and engagement within and beyond primary health care in the province. Later in the year, at the annual Practical Evidence for Informed Practice Conference, the ACFP hosted a networking lunch and engaged a communications specialist, Doug Downs, to present on "Communicating the Physician Voice." This event was attended by 40 family physicians.

### LEADS for Patients' Medical Home

To build a foundation for all ACFP leadership activities, the ACFP organized the certification of 15 individuals in the *LEADS in a Caring Environment* methodology. After a full week of training in October, and certification in March, 2017 these new LEADS Faculty will be able to develop and deliver leadership modules to

equip Alberta's family physicians in leadership for the Patient's Medical Home.

The following modules are currently under development:

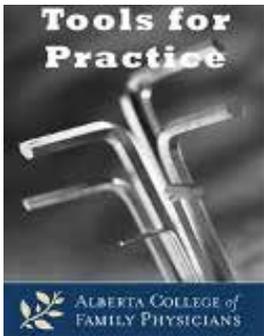
- How to Get Your Primary Care Measurement Project Off the Ground
- The Art of Engagement: Becoming a Change Champion
- Let's Go to the Moon: Keeping the Goal in Sight Throughout PCN Evolution
- The Building Blocks of Successful Coalitions
- Leading Primary Care Transformation in an Uncertain Environment

### The LEADS Faculty:

- Dr. Brad Bahler – Sylvan Lake
- Dr. Jane Ballantine – Calgary
- Adam Filiatreault – ACFP
- Michele Hannay – AMA TOP
- Dr. Rabiya Jalil – Calgary
- Dr. David Keegan – Calgary
- Dr. Jordan Larue – Sylvan Lake
- Dr. Nadine Letwin – Edmonton
- Tony Mottershead – AHS AIM Program
- Roger Osborne – AMA PMP
- Dr. Nicholas Potvin – Peace River
- Rob Skrypnek – AHS Integration and Innovation
- Grant Sorochan – AMA PMP
- Dr. Ann Vaidya – Calgary
- Dr. Rob Warren – Sundre

40 family physicians attended

## CPD AND PRACTICE SUPPORTS ONLINE



### Tools for Practice Articles

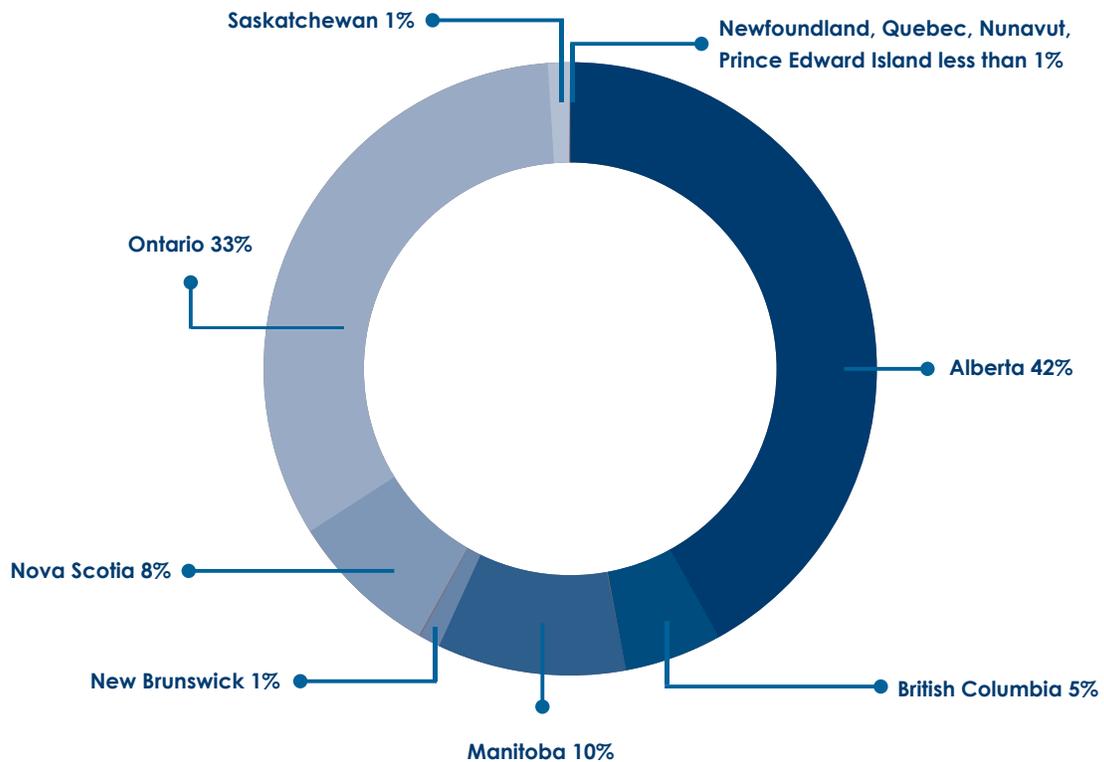
- The popular evidence-based summaries are now distributed to over 30,000 family physicians and allied health care providers across Canada and internationally. The content is written by practicing family physicians (who are joined occasionally by a health professional from another specialty or discipline), free of industry bias, based on best available evidence, and is peer-reviewed to ensure high standard of quality, accuracy, and academic integrity.
- At the end of 2016, the library housed 177 articles including a lighthearted look at the evidence around Santa Claus.
- The Tools for Practice web page had approximately 20,000 pageviews in 2016 which accounts for approximately 10% of the ACFP's website traffic.





## GoMainpro

- In Q4 of 2016, the BC College of Family Physicians agreed to be a chapter partner.
- ACFP's online Self-Learning tool, GoMainpro, saw a 39% growth rate in subscriptions ending 2016 with approximately 750 subscribers. Provincial sales breakdown is shown below:



## CERT+ AND MAINPRO+ ROLLOUT AND RESULTS

Recognizing the changing interests and learning



requirements of its members, the CFPC developed new credit reporting categories that allow family physicians to earn credit for more practice activities. The enhancements to Mainpro were announced on June 27, 2016 with the official launch of Mainpro+®.

As a Chapter of the CFPC, the ACFP supported communication to our members and program providers detailing the CFPC's changes to the credit categories, online credit reporting function, and program certification platforms. We promoted the importance of, and provided our encouragement, for compliance with the new Mainpro+ guidelines for certified CPD program

development. We met with many CPD providers prior to the changes as well as through the transition phase.

In December 2016, the ACFP hosted a Mainpro+ workshop in Edmonton bringing together groups and organizations who support CPD development in Alberta. The workshop provided an opportunity for collaboration that has generated innovative approaches in CPD program design.

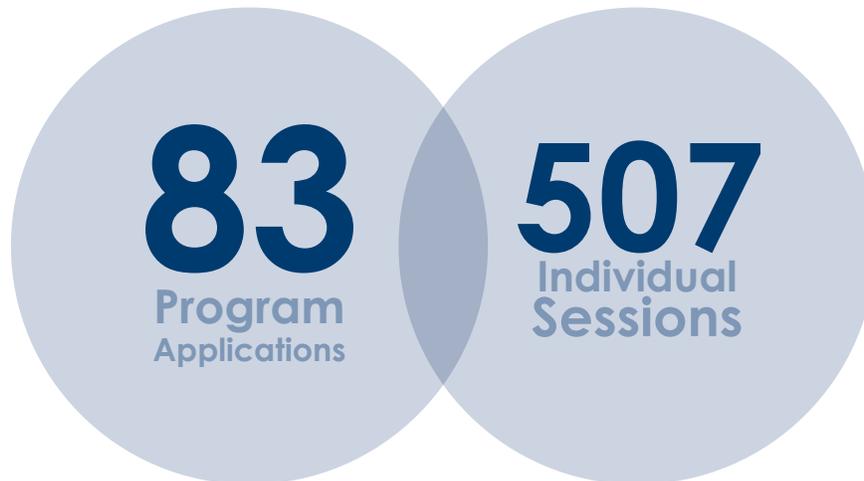
Through 2016 our office liaised with physician groups and organized opportunities for CFPC's Alberta CPD Regional Educator to engage with Alberta physicians about the changes to Mainpro+.

## Certifying CPD Opportunities for Family Physicians

Having an activity certified demonstrates a commitment to quality educational programming. The ACFP, as a Chapter of the CFPC, is responsible for processing CPD program applications for learning opportunities in Alberta. In this process, the program development and content is subject to a peer-review process, and must meet or exceed the criteria established by the CFPC. In 2016, the ACFP received and processed 83 program applications, and 507 individual session reviews.

In the transition to the new Mainpro+, some difficulties were encountered. Several technical challenges in the new online

submission platform occurred, and some felt that the enhanced criteria created a barrier to the application process. As we worked with our members, providers, and national College towards successful resolution of these experiences, we maintained our commitment to achieving high quality CPD programming for Alberta family physicians.



## CERTIFICATION ACTIVITIES



### 8th National CPD Accreditation Conference

Representatives from the ACFP actively participated at the 8th National CPD Accreditation Conference in Toronto co-hosted by the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada. In this opportunity we were able to interact and engage in discussions about key topics in CPD accreditation/certification, and were provided with an opportunity to contribute to ongoing CPD policy development.

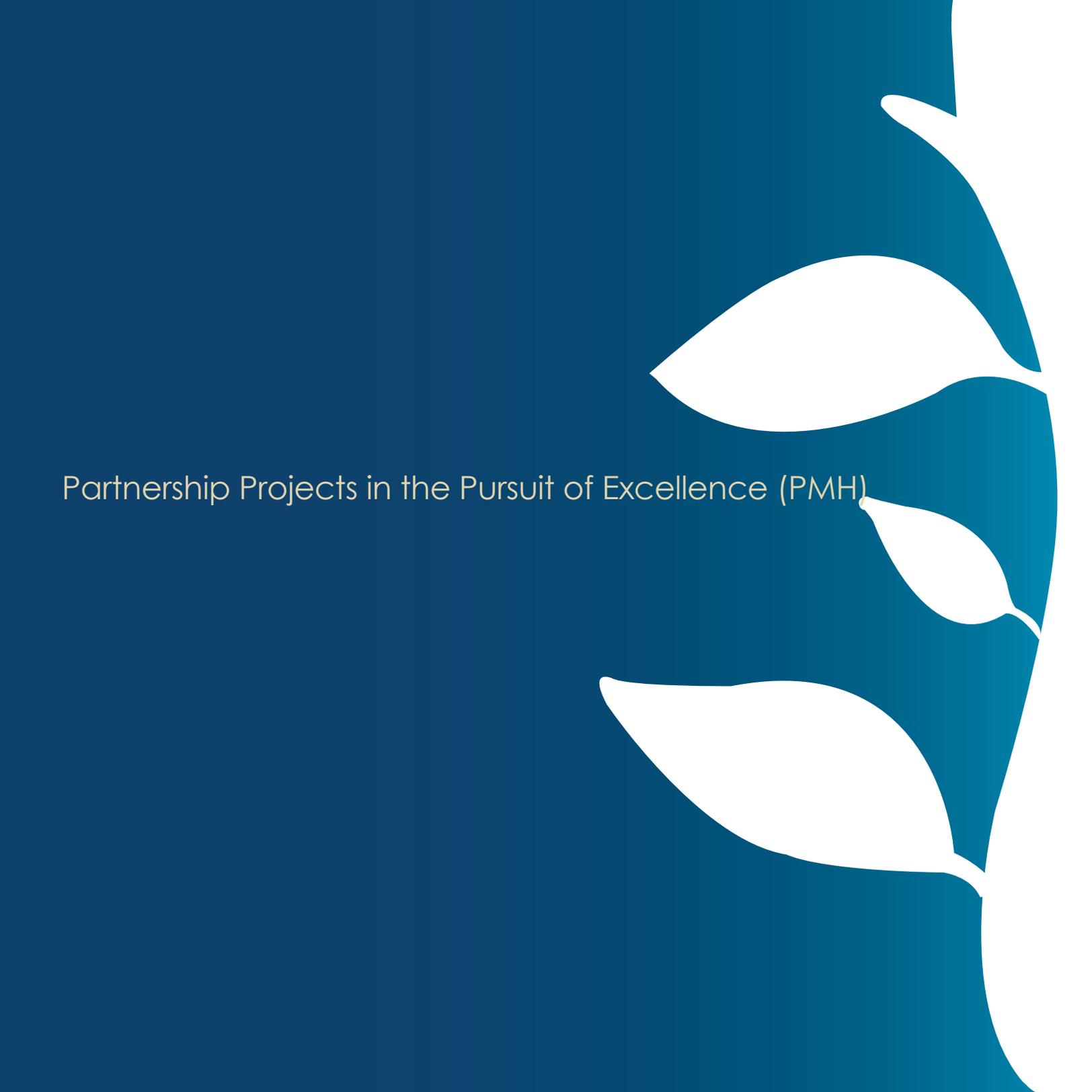
## MEMBER CPD NEEDS ASSESSMENT

The ACFP designed a survey in collaboration with the University of Calgary's Office of Continuing Medical Education and Professional Development (CME/PD) Office and the University of Alberta's Office of Lifelong Learning (Office of L3). The survey used an innovative approach to explore unperceived needs around CanMEDS roles. Findings from the survey were shared with our partners and stakeholder organizations. It is our hope that the findings from this survey will be used to influence how CPD opportunities for family physicians are designed.



## Most Preferred Topics of Interest





Partnership Projects in the Pursuit of Excellence (PMH)

# PRIMARY CARE ALLIANCE

The ACFP is an active member of the Alberta Primary Care Alliance (PCA) which brings together the experience



and expertise of physician partners who are involved in the advancement and improvement of primary care provided to patients, families, and communities in Alberta. Members of the PCA bring together multiple perspectives, resources, and mandates to facilitate ways to collectively address and improve primary health care province-wide and to advocate and support their constituents in that improvement.

The PCA Mission is to serve as a family physician forum for strategic discussion and establishment of shared goals and collaborative action for the advancement of the Vision of the Patients' Medical

Home in Alberta. Building on existing member organization strategic directions, the Alliance's goal is to foster a coordinated and aligned approach to meet the needs of patients, caregivers, families, primary care teams, PCNs, and the healthcare system today and into the future.

The PCA Vision is that every Albertan will have access to a home in the health care system that includes their own family physician and a team of providers ensuring they are provided timely, comprehensive and continuity of care within the Alberta health care system.

PCA Membership includes:



# ENGAGED LEADERSHIP PROGRAM

The EngagePrimaryCare.com portal was officially launched in 2016 through support from the ACFP and other system partners, including: Alberta Health Services, the AMA Section of General Practice, and the Primary Care Alliance.

The portal has created a registry of over 200 physician leaders willing to take on some sort of leadership role to advance the principles of the Patient's Medical Home. Physicians in this registry were asked to identify their preference for leadership opportunities based on a number of criteria.

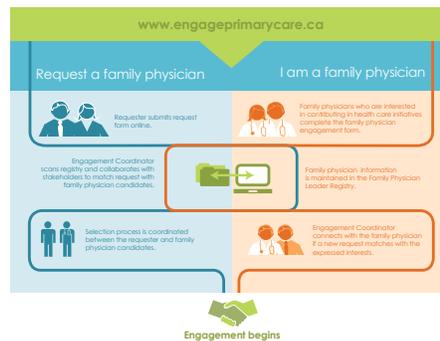
Using this registry, we are able to match interested physicians with requests for family physician representation that come in from various system partners. By doing this, the ACFP and its partners are facilitating more involvement by family physicians in system-wide decision-making, as well as allowing more family physicians to have leadership opportunities within their areas of interest.

Enhancements to this portal have provided for better tracking and management of physician requests and family physician engagement. These enhancements have also allowed us to

reduce the matching time to two to three weeks between when a request is made and physician names are forwarded to the requestor.

Through the portal we have been able to fulfill requests and develop partnerships with: Alberta Health Services Strategic Clinical Networks, Alberta Health Services Programs (eReferral, Netcare, Enhanced Recovery, Clinical Knowledge and Content Management Services), AMA TOP Program, Choosing Wisely Alberta, and the CFPC.

By the numbers:



**246** family physicians  
in the registry

**27** successfully matched  
through the portal

**38** Physicians engaged in  
requests made through the portal

## SUPPORTING FAMILY MEDICINE AND PRIMARY CARE RESEARCH IN ALBERTA

29 oral presentations and 47 research posters were showcased

The ACFP is committed to building a common vision for family physician involvement in research in Alberta. We support those who champion the importance of family medicine and primary care research in Alberta. The ACFP encourages strong

community-based family physician involvement at the early stages of developing research questions and projects that are directly focused on the delivery of primary care strategies that lead to better outcomes for patients.

In 2016, our Annual Research Showcase event included an excellent collection of the incredible family medicine and primary care research being undertaken in our communities. Twenty-nine oral presentations and 47 research posters were showcased. This event provides our family physicians with the opportunity to interact with presenters and engage in research discussion. Providing this type of forum allows for sharing ideas on research questions and developing future collaborations and contacts



Dr. Scott Garrison, Associate Professor, Department of Family Medicine, University of Alberta, Director, Pragmatic Trials Collaborative

## COALITIONS

### Alberta Seniors Care Coalition (ASCC)

The ASCC continues to work with partners and networks who are involved in senior's health care in Alberta. The committee met every second month with the ACFP as the secretariat. The coalition continues to share with each other the work being done by each individual organization with regards to seniors care. A planning session was held by a facilitator who assisted the committee with gaining clarity on the interest and need of each organization to participate in the coalition and to discuss ideas for how the group can be most effective moving forward to achieve its purpose. Priorities of the ASCC include integration of disciplines in all clinical work and building capacity in primary health care. The year ended with succession planning for 2017. College of Licensed Practical Nurses of Alberta has accepted the secretariat and chair responsibilities of the ASCC starting in January 2017.



### Collaboration for Change Initiative



The ACFP continues to be an active member of the Alberta Collaboration for Change Initiative. With a common vision of enabling patient engagement, the Collaboration for Change Initiative has brought together a group of provider organizations with distinct practice perspectives to support primary care reform by placing the patient's journey of care at the centre of it. Initiatives are underway with East Calgary FCC and the Sylvan Family Health Center.



## Financial Highlights

# FINANCIAL HIGHLIGHTS

## Statement of Financial Position - December 31, 2016 (audited)

	2016	2015
<b>Assets</b>		
<b>Current assets</b>		
Cash and cash equivalents	\$ 1,466,131	\$ 1,230,969
Accounts receivable	116,387	102,866
Good and services tax recoverable	-	2,696
Prepaid expenses	43,136	35,288
Total current assets	1,625,654	1,371,819
Property and equipment	40,674	43,005
<b>TOTAL ASSETS</b>	<b>\$ 1,666,328</b>	<b>\$ 1,414,824</b>
<b>Current Liabilities</b>		
Accounts payable and accrued liabilities	\$ 217,882	\$ 222,095
Good and services tax payable	5,612	-
Deferred revenue	145,124	107,770
<b>TOTAL CURRENT LIABILITIES</b>	<b>368,618</b>	<b>329,865</b>
<b>Net Assets</b>		
Unrestricted operating fund	506,940	790,729
Internally restricted	750,096	210,234
Restricted AFPRN fund	-	40,991
Invested in property and equipment	40,674	43,005
<b>TOTAL NET ASSETS</b>	<b>1,297,710</b>	<b>1,084,959</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>\$ 1,666,328</b>	<b>\$ 1,414,824</b>

# FINANCIAL HIGHLIGHTS

## Statement of Operations - for the year ended December 31, 2016 (audited)

	2016	2015
<b>Revenue</b>		
Membership fees	\$ 1,031,242	\$ 858,918
Annual Scientific Assembly	351,765	312,228
Evidence Based Medical Conference	204,800	147,676
Grants	170,395	104,461
Continuing medical education - mainpro and ethical reviews	79,200	80,800
Family Physician Leadership Initiative	55,262	-
Other	34,787	28,051
Evidence Based Medicine Programs	9,464	12,950
GoMainPro alliance and subscription fees	6,626	55,490
Interest	2,591	4,698
Seniors Care Conference	-	51,598
<b>TOTAL REVENUE</b>	<b>1,946,132</b>	<b>1,656,870</b>
<b>Expenses</b>		
Salaries and wages	\$ 436,752	\$ 522,187
Annual Scientific Assembly	346,613	361,981
Family Physician Leadership Initiative	281,313	83,973
Evidence Based Medical Conference	154,306	140,317
Evidence Based Medicine Programs	110,418	47,553
Honorariums	38,100	22,600
Student and resident support	29,936	30,555
Amortization	15,647	17,951
Special Projects	14,800	12,782
Sponsorships	1,425	4,646
Seniors Care Conference	-	43,739
Office and administration	303,406	306,812
<b>TOTAL EXPENSES</b>	<b>1,732,716</b>	<b>1,595,096</b>
<b>EXCESS OF REVENUE BEFORE OTHER LOSSES</b>	<b>213,416</b>	<b>61,774</b>
Loss on disposal of property and equipment	(665)	-
<b>EXCESS OF REVENUES OVER EXPENSES</b>	<b>\$ 212,751</b>	<b>\$ 61,774</b>



## Executive Director's Message

The staff team at the ACFP work diligently throughout the year to provide support, services and programs to members. Efforts are made to build strong relationships with our partners in the pursuit of excellence in primary care. The team is an effective and passionate group of people, dedicated to delivering on the strategic direction of the Board focusing on quality and member value.

I would like to thank the following dedicated people for their tireless efforts in 2016:

**Darlene Niederhaus - Executive Assistant**

**Susan Wong Armstrong - Manager, Communications & CPD Programs**

**Jody Tol - Manager, Operations & Member Programs**

**Lorraine Dubois - Coordinator, Mainpro+ & CPD Programs**

**Wendy Steele - Coordinator, Communications & Events**

**Sharon Nickel - Coordinator, Evidence & CPD Program**

**Adam Filiatreault - Coordinator, Leadership Program**

**Adrienne Lindblad - Coordinator, Knowledge Translation  
& Evidence Program**

**Roxane Fast - HR & Finance Consultant**

We are looking forward to a fantastic year of continued success and growth of the Alberta College of Family Physicians. I am proud to be associated with such a progressive and visionary organization that strives to serve and provide value to its members through leadership, advocacy, education, and professional connections.

In your service,

Terri Potter

Executive Director, ACFP





ALBERTA COLLEGE *of*  
FAMILY PHYSICIANS

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