

Attention-Deficit/Hyperactivity Disorder (DSM IV-TR) **DSM V**

A. Either (1) or (2):

- (1) six (or more) of the following symptoms of **inattention** have persisted for at least 6 months to a degree that is maladaptive and inconsistent with developmental level:

Inattention

- (a) often fails to give close attention to details or makes careless mistakes in schoolwork, work, or other activities (*work has to be checked for accuracy, details are often missed or skipped materials are not reviewed systematically*)
 - (b) often has difficulty sustaining attention in tasks or play activities (*tunes out easily, has difficulty concentrating for any length of time during lectures, conversations, or on reading*)
 - (c) often does not seem to listen when spoken to directly (*mind often seems to be elsewhere, others often complain that he/she does not listen*)
 - (d) often does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace (not due to oppositional behavior or failure to understand instructions) (*loses focus quickly, gets sidetracked easily*)
 - (e) often has difficulty organizing tasks and activities (*messy, disorganized work, difficulty managing sequential tasks, keeping accurate records, keeping clothes or belongings in order, organizing time, recurrent latenesses and failure to meet deadlines*)
 - (f) often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort (such as schoolwork or homework) (*avoids mental tasks such as completing forms, balancing checkbook, preparing reports, reviewing lengthy material*)
 - (g) often loses things necessary for tasks or activities (e.g., toys, school assignments, pencils, books, or tools) (*wallets, keys, paperwork, eyeglasses*)
 - (h) is often easily distracted by extraneous stimuli *or irrelevant thoughts*
 - (i) is often forgetful in daily activities (*forgets to do errands, return calls, pay bills, keep appointments, mislays objects, forgets where parked car*)
- (2) six (or more) of the following symptoms of **hyperactivity/impulsivity** have persisted for at least 6 months to a degree that is maladaptive and inconsistent with developmental level:

Hyperactivity

- (a) often fidgets with hands or feet or squirms in seat (*often moves in chair, taps leg or fingers, is uncomfortable during sedentary activities*)
- (b) often leaves seat in classroom or in other situations in which remaining seated is expected (*often gets up while engaged in tasks which require remaining seated*)
- (c) often runs about or climbs excessively in situations in which it is inappropriate (in adolescents or adults, may be limited to subjective feelings of restlessness) (*... or of feeling hemmed in*)
- (d) often has difficulty playing or engaging in leisure activities quietly (*uncomfortable during quiet activities, is loud or noisy*)
- (e) is often "on the go" or often acts as if "driven by a motor" (*is averse to being still for extended time, feels has to get going when in restaurants, during lectures; is perceived as being hard to keep up with, as being too restless; has difficulty unwinding or relaxing*)
- (f) often talks excessively (*for adults, in social situations*)

Impulsivity

- (g) often blurts out answers before questions have been completed (*completes people's sentences, "jumps the gun"*)
- (h) often has difficulty awaiting turn (*waiting to speak in turn, waiting on line, waiting for others*)
- (i) often interrupts or intrudes on others (e.g., butts into conversations or games) (*e.g., often butts into conversations, games or activities without permission, takes over what others are doing*)
- (j) *Often acts without thinking (e.g., often starts tasks without adequate preparation, such as reading or listening to instructions, jumps into activities, speaks out without considering consequences; makes important decisions on the spur of the moment, such as buying items, quitting a job suddenly, breaking up with friend).*
- (k) *Is often impatient (e.g., grabs things instead of asking, wants others to move faster, wants people to get to the point, often speeds while driving, cuts into traffic to go faster than others).*
- (l) *Often rushes through activities or tasks, is fast paced (e.g., averse to doing things carefully and systematically).*
- (m) *Often has difficulty resisting immediate temptations or appealing opportunities, while disregarding negative consequences (in childhood, grabs toys off store shelf, or fascinating dangerous objects or plays with dangerous objects; in adulthood, commits to a relationship after brief acquaintance, takes job or enters into business arrangement without doing due diligence).*

B. Some hyperactive-impulsive or inattentive symptoms that caused impairment were present before age 7 years. (*age 12*)

C. Some impairment from the symptoms is present in two or more settings (e.g., at school [or work] and at home).

D. There must be clear evidence of clinically significant impairment in social, academic, or occupational functioning.

E. The symptoms do not occur exclusively during the course of a Pervasive Developmental Disorder, Schizophrenia, or other Psychotic Disorder and are not better accounted for by another mental disorder (e.g., Mood Disorder, Anxiety Disorder, Dissociative Disorder, or a Personality Disorder).

Code based on type:

314.01 Attention-Deficit/Hyperactivity Disorder, Combined Type: if both Criteria A1 and A2 are met for the past 6 months

314.00 Attention-Deficit/Hyperactivity Disorder, Predominantly Inattentive Type: if Criterion A1 is met but Criterion A2 is not met for the past 6 months

314.01 Attention-Deficit/Hyperactivity Disorder, Predominantly Hyperactive-Impulsive Type: if Criterion A2 is met but Criterion A1 is not met for the past 6 months

Lower threshold for adult combined ADHD from 6 to 3 endorsed criteria from each element (HI or I).