

FOR IMMEDIATE RELEASE

## **Peace River Doctor Named Alberta's 2010 Family Physician of the Year**

(Edmonton, AB, July 8, 2010) Dr. Karen Lundgard of Peace River has been named the 2010 Family Physician of the Year by the Alberta College of Family Physicians. This award is presented to the family physician that has demonstrated excellence in family practice.

Dr. Lundgard has been described as "the embodiment of a committed, engaged family physician and all-round community person". Iris Callioux, Mayor of Peace River says, "The North is a much better and healthier place because she has chosen to live and work here."

After obtaining her medical degree from the University of Alberta, Dr. Lundgard received certification in Family Medicine in 1979, and became a Fellow of the College of Family Physicians of Canada in 2004.

For the past 30 years, Dr. Lundgard has worked in Peace River as a full service family doctor. She is the Chief of Medical Staff of the Peace River Hospital and an Assistant Clinical Professor at the Department of Family Medicine, University of Alberta. As a leader for the Peace River Primary Care Network, Dr. Lundgard promotes a team based approach to improve access to care for her patients. Dr. Lundgard delivers many of the babies born each year in Peace River, and is now delivering the babies of the babies she has delivered in the past!

In addition to training family medicine residents and students, Dr. Lundgard is a member of MoreOB (Managing Obstetrical Risk Effectively) training team for the Peace River region. She is an active instructor and medical director for the Advanced Cardiac Life Support and Paediatric Advanced Life Support courses held several times a year in Peace River and area.

While raising three sons with her husband Jerrold, Dr. Lundgard served for many years as a leader, camp advisor and trainer with the Girl Guides of Canada, Her personal interests include sewing and donating baby quilts in support of an annual Women's Shelter fundraiser. Her colleagues and staff also appreciate that she often shares many of her home-baked treats. She loves to read and is secretary for the Peace River Book Club, which has been meeting since 1989.

"On behalf of the ACFP and all of her colleagues, we congratulate Dr. Lundgard on being named the 2010 recipient of this prestigious award," said Dr. Paul Humphries, President of the Alberta College of Family Physicians.

The Alberta College of Family Physicians is a provincial, professional, voluntary organization, representing more than 2900 family physicians, family medicine residents and medical students in Alberta. Established more than fifty years ago, the ACFP strives for excellence in family practice through advocacy, continuing medical education and primary care research. The ACFP is committed to advancing excellence in family practice, and is a chapter of the College of Family Physicians of Canada, a nationwide organization with more than 20,000 members.

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